

St Gabriel's Catholic Primary School



Friday Note

28th September 2018

!! Please don't forget to sign up for Parent Mail to receive the latest news from school, the link can be found on our website. !!

WEEKLY THEME

Our theme for next week is 'Harvest' and we will be exploring the work of CAFOD with a visitor who will deliver an assembly.

In support of the work of CAFOD, there will be an own clothes day on Friday 5th October for a contribution of £1. The theme is 'Brighten Up' and we would like to see children in their brightest coloured clothes.



VISITS / VISITORS this week

On Monday 24th September, Class 10 had a visit from 'Delve Into History', as part of their topic on WW2.

The children handled artefacts, sang wartime songs and talked about an evacuees suitcase and tried to 'Make Do and Mend!'

Class 5 had a fantastic time at Portland Basin on Wednesday 26th September. The children found out about life 100 years ago visiting an old street including shops and a church. They attended a Victorian School and followed the very strict rules. The staff from the museum all commented on the exemplary behaviour and said they were a privilege to have.

MACMILLAN COFFEE MORNING

Thank you to everyone that came along in support of our Coffee Morning for MacMillan. We have raised a fantastic amount of money for a good cause.



AFTERNOON MASS

We celebrated the Feast Day of St Gabriel with Mass this afternoon for all Key Stage 2 classes. Thank you to all our children who participated with respect and reverence and wonderful singing as always.

PERMISSIONS

We are in the process of updating your children's new classes with their permissions in relation to GDPR.

These permissions will be taken from previous forms completed and will remain in place for the duration of your child's time at St Gabriel's Primary. You can give or withdraw these permissions at any time, please ask for another of these forms from the office if needed.

Please ask if you are unsure what previous permissions you have given for your child.

VISITS / VISITORS next week

On Monday 1st October, Class 12 will be visiting Quarry Bank Mill as part of their topic on the Victorians. They will be leaving school early and so need all Year 6 children in school by **8.30am**. They should return by the end of the school day, any delays will be notified by text. Children need to come in full school uniform, however children are allowed to wear their trainers as they will be walking around the gardens. Please make sure that the children have a coat, as there is no heating in the venue.

Also on Monday 1st October, Class 11 will be having a visit from 'Act It Out'.

They will be doing a full day's workshop on the British Monarchy and the children will create their own performance.

KEY STAGE 2 PARENTS' EVENING

KS2 Parents' Evening will take place on Thursday 11th October for Parents of children in Years 3-6. Letters will be sent home.

CLASS 12 ASSEMBLY

Class 12 Parent Assembly is coming up on Monday 8th October. Parents' are welcome to join us from 9am.

*** Reminder of St Mary's RC High Open Morning on Sat 29th Sept***

PARENT VOLUNTEERS

If anyone can offer an afternoon a week to listen to children read please speak to Mrs Leech, or call into the office to complete a Parent Volunteer form.

ATTENDANCE

Here are the attendance figures and punctuality numbers for last week:

Congratulations to **Class 1** in the infants with 100% and no lates and also **Class 7** in the juniors, who also had 100% attendance and no lates. Well done!!

	Att %	Lates		Att %	Lates
Cl. 1	100	0	Cl. 7	100	0
Cl. 2	92.5	3	Cl. 8	95	2
Cl. 3	98.1	1	Cl. 9	97.9	1
Cl. 4	95.9	3	Cl.10	93.7	1
Cl. 5	97.8	2	Cl.11	94.5	5
Cl. 6	98.3	3	Cl.12	97.8	12

READING WINNERS

Last week's class reading winners were....

KS1 - Classes 3 and 4 with 82%

KS2 - Class 12 with 81%



PACKED LUNCHES

Please see the guide below with regards to providing your child with a healthy packed lunch.

There are further meal ideas on our school website, please take a look !

DATES FOR YOUR DIARY

Sat 29th Sept	St Mary's RC High Open Morning—9.30am to 12noon.
Mon 1st Oct	Class 12 visit to Quarry Bank Mill
Mon 1st Oct	'Act It Out' are visiting Class 11
Fri 5th Oct	CAFOD own clothes day—wear bright colours!
Mon 8th Oct	Class 12 Assembly (Mrs Kidman 9.15am. Parents welcome to join us from 9am.
Mon 8th Oct	Year 3 visit to Glossop
Wed 10th Oct	School photographs
Thurs 11th Oct	Key Stage 2 Parents' Evening (Y3-6) from 2.45pm
Thurs 18th Oct	EY/Key Stage 1 Parents' Evening (Rec, Y1, Y2) from 2.45pm
Fri 19th Oct	Fit Friday Fundraiser (PE Kit or Sports Clothing to be worn—£1 donation)
Fri 19th Oct	School Closes for Half Term
Mon 29th Oct	School re-opens
Tue 6th Nov	Class 11 visit to Houghton Tower



6 Steps to a healthy lunchbox



Start Here

5 A DAY
Just Eat More (fruit & veg)

Step 1
Start with the basics

Wholemeal Baps, Pitta, Rolls, Chapattis, Rye, Seeded Baguettes, Crackers

Instead of a sandwich, you could base your child's lunch on rice, pasta potato or couscous

Have a big portion, e.g. 2 slices of bread, 1 barmcake, or a small cup of pasta/rice

Step 2
Have 1 portion

Add a tasty filling

Tuna, Cheese & pickle, Ham & cheese, Banana, Chicken, Ham & Coleslaw, Cottage cheese, Egg & cress

Step 5
Don't forget a drink

Water, Milk, Smoothie, Pure unsweetened fruit juice

Step 6
Add a treat

Slice of cake, Hotcross bun, Scone, Cereal bar, Plain popcorn, Plain biscuit, e.g. digestive, Flapjack

Step 3
Feeling fruity?

Add a salad to the sandwich, or include a salad on its own, dried fruit (e.g. raisins, apricots), Vegetable nibbles (e.g. carrot sticks, cherry tomatoes), A handful of small fruit (e.g. grapes, strawberries), A whole piece of fruit (e.g. apple, banana, kiwi fruit).

Have a happy Lunch Box

Have 1 portion

Have 2 portions

Add a freezer pack to keep your food cool