E-Safety
Keeping your child safe online

Do you know what your child gets up to on the internet? Who their friends are? What they posts on social media?

If you don't, then you should. Children are exposed to all sorts of dangers online, and it is your job as a parent to be aware of these dangers. Below are some tips on how to keep your child safe online. Even if you aren't a parent, you may find them useful.

#1 Show an interest in what you child does online: the sites they visit, the friends they have, how they communicate with these friends and the information they share.

#2 Set rules and boundaries. This may depend on your child's age, but you may want to consider the amount of time they go online, when they can go online, the sites they visit, what they post to social media. Not to post anything online they wouldn't say face to face. You may also wish to restrict computer use to family rooms.

#3 Online games, movies, and social network sites often have age restrictions. You should be aware of these restrictions and follow them. These restrictions are there to keep children safe and should be followed

#4 Set up parental controls on the devices you child uses to filter and monitor what they do. Laptops, phones, and games consoles can do this. You may want to research how to do it as it is different across devices. Also, make sure you have an antivirus installed.

#5 Check privacy setting for all online accounts (Facebook, Twitter, Instagram, etc.) and make sure they're set sufficiently high.

#6 Talk to your child about what to do if they see inappropriate content or are contacted by someone that worries them, OR if they know this is happening to a friend. Advise your children to tell someone that they trust, for example a parent, carer, relative or a teacher. Stress to them that they will not be in trouble.

For further advice regarding Social Media Apps, and Games please visit ITSNOTOKAY, THINKUKNOW, or NSPCC NetAware.

You can download the NSPCC NetAware App that provides an instant overview of all the most popular Apps and lists the dangers associated with each. It also has a useful news update page that highlights current issues and risks.

Please visit this link to report online abuse to either yourself or on behalf of someone else
https://www.ceop.police.uk/ceop-reporting/